

Newsletter April 2025

Happy 8th Birthday to Buddies!

- Please give a warm welcome to our special guests today, The Right Worshipful the Mayor of Lincoln, Councillor Alan Briggs, the Sheriff of Lincoln, Councillor Brian Harding, the Chairman of West Lindsey District Council Councillor, Stephen Bunney, West Lindsey District Councillor John Barrett, Chair of Nettleham Parish Council, Councillor Angela White, Craig Buckingham, Matt Carmichael, Karen Munnely, Cheryl Hollingsworth, Heather, Christine, Sue , Sandra, Paula, Nettleham Co-op, Sylvia, Allison.
- Our special entertainment today is **Kenny J**, the ultimate male personality vocalist! At the end of the show we will be serving the Birthday Cake.
- After today's meeting Ann and David will be leading the **Buddies Sensory Stroll**, a 30 minute walk around our beautiful village. It will give you a chance to work off all the tasty biscuits and cake you have eaten.
- Happy birthday this month to Sheila Peet, Bettine Clark, Brian Sales, Barbara Gibbard, Maureen Pollard, Emily Forrest Dennett, Paddy Stern and Maureen Frecklington.
- Thank you to Robert and Doreen Lunn for kindly giving all our members a lovely birthday gift to take home.
- If you care for someone living with dementia or live with dementia, you can book a free 45 minute appointment with a dementia specialist Admiral Nurse for expert, tailored support, whatever your questions or concerns. The clinic is held at Nationwide Building Society in Lincoln. To make an appointment go to Dementia UK, Book an Appointment at a Nationwide branch.
- Did you know that at Specsavers, Lincoln they are accredited by the NHS to provide hearing services. If you qualify for free NHS – funded hearing aids, you can get a hearing test, two digital hearing aids and full after care free.
- On Thursday 17th April we have a short presentation from Older People and Frailty Team, NHS. This will be followed by our entertainment that day Belinda Hay.
- Next month on May 1st we have our **VE Day party** and our entertainer is David St Paul. On the 15th we have a short presentation from the Public Engagement Team followed by our entertainment, Nigel and Teri.
- Thought for the month – **We cannot all do great things on this earth, but we can all do small things with great love.**