

Newsletter September 2024

- This morning's entertainment is John Grant. After the meeting Ann, David and Denise will be leading the Buddies Sensory Stroll around the village. They will visit the new Buddies Memorial Bench dedicated to all those lost to dementia. This will give you all a chance to reflect and remember old friends and loved ones.
- Happy Birthday this month to Norma Sales, Brenda Staples, Mick Holman, Julia Lee, Keith Evans, Peter Warrilow, Tom Henell, Lorraine McGeoghan and John Day.
- Last chance to put your names down for the visit to the **Elite restaurant for fish and chips on Thursday September 12th**. This is a free event, sponsored by the C2C2C Bike Race , meet at 11.45am at the restaurant.
- The NHS Lincolnshire Partnership are hosting an event on Wednesday 9th October at the Chambers Room, North Hykeham Town Council, Fen Lane, Lincoln from 10.00am to 12.00noon for a cuppa and conversation about the specialist dementia support they can provide. See notice board for further information.
- Worried about the loss of the annual winter fuel payments? If you are entitled to Pension Credit then you can still receive the allowance. See notice board for further details. Age UK can help you complete the necessary forms.
- On Thursday 19th September, we have firstly, a short presentation from Age UK about their "Bring me Sunshine group", then the popular singer David St Paul to entertain us.
- Next month on Thursday 3rd October, it's the Stringing Nettles and on the 17th it's Belinda Hay.
- Thought for the month –

If you think you are too small to make a difference, try sleeping with a mosquito