

## Newsletter October 2024

- This morning's entertainment is The Stringing Nettles. After the meeting Ann, David and Denise will be leading the Buddies Sensory Stroll around the village.
- Happy Birthday this month to Carol Hewitt, Martin Dale, Maureen Marwood, Tony Frecklington, Jacqueline Fox, Clive Newman, Jean Lee, Peter Boyle, Michelle Hunter, Allan Chapman, Rosemary Chapman and Katie from Age UK.
- **Thursday, 14<sup>th</sup> November** - Tolly's Afternoon Tea at the Lincoln Rugby Club, Nettleham, LN2 2RS, at 12 noon - doors open at 11.30am. This a free event to members, which is generously sponsored by Dave and Rachel Tollerton of Nettleham. Each year they hold a spooky Halloween extravaganza and donate the monies raised to Buddies. If you would like to attend the afternoon tea, please see Maureen to put your name on the list.
- Don't forget – the AgeUK Bring Me Sunshine Group, which is held every 2<sup>nd</sup> and 4<sup>th</sup> Thursday, from 1pm to 3.30pm at the Park Street Activity Centre, Lincoln, LN1 1UQ. It is an informal and friendly musical session where you can join in the singing or just relax and enjoy the fun.
- We still have a number of CD's which are free to take away.
- Next month our entertainers are two firm favourites - on 7<sup>th</sup> November, it's Nigel and Teri and on the 21<sup>st</sup>, it's Dick Ryman.
- Looking ahead, please make a note in your diaries that although our first meeting in December will be as normal -Thursday 5<sup>th</sup> - there will be no meeting on the third Thursday. Instead, we will be holding our **Christmas Party on Tuesday, 17<sup>th</sup> December**. We will let you have further details of this very festive event in our next newsletter.
- Thought for the month -

**Try to be a rainbow in someone else's cloud**