

Newsletter November 2024

- This morning we have a short presentation from Tom, Health and Wellbeing Coach, Lincoln City Foundation to tell us about **Walking Football**. This will be followed by today's entertainment Nigel and Teri, and then it's our Buddies Sensory Stroll, a 20 minute walk around the village, led by Ann, David and Denise.
- Happy Birthday this month to Sue Dale, Harry Willows, Dorothy Howell, Jim Wharton, Gordon Yardley, Trish Dawson, Olwyn Miller, Jack Machin, Lesley Semford, Lilian Dolling and Maureen Sullivan.
- We are very sad to announce the death of Allan Garner-Jones. We send our deepest condolences to Netta and family.
- Thursday 14th November, Tolly's Afternoon Tea, the list is full. **Please let us know if you cannot come.**
- Did you know you can **boost your hydration with Jelly Drops**? Many people living with dementia no longer feel thirsty, don't recognise cups or don't have the dexterity to hold them. Please see our notice board for further information.
- **Warm Spaces** – please see the notice board for information about warm spaces.
- Thursday 21st November it's Belinda Hay for fun, games and singing.
- Thursday December 5th our entertainment will be Jill Williams. We will also be holding our **BIG Christmas Raffle**, lots of great prizes, tickets £1 each.
- **Tuesday 17th December it's our Christmas Party.** The party will be from 12.30 to 2.30pm. If you would like to attend, please make sure you get a ticket. There will be a prize for the **best Christmas outfit**.
- Please note there is **no meeting on Thursday 19th December.**
- Thought for the month –

All you need is love. But a little chocolate now and then doesn't hurt.