

Newsletter May 2024

- This morning's entertainment is singer, musician, Dick Ryman. After today's meeting Ann, David and Denise will be leading the Buddies Sensory Stroll, a 30 minute walk around the village. **Exercise is good for you** both physically and mentally.
- Happy Birthday this month to Loraine Solari, Ron Mallen, Brian Beardsell, Liz Frecklington, Eric Melton, Jim Charters, Fran Pullen, Gill Gladwin, Julie Kelly and Denise Campbell.
- Following last month's presentation from Anglian Waterhave you registered on their **Priority Register**? As well as with other utility companies?
- On **Thursday 13th June we have a trip to Woodside Wildlife Park**, Newball, near Langworth, Lincoln, LN3 5DQ. Tel. 01522 754280. We will be meeting at 10.30am and refreshments will be provided. This is a **free event** and includes entry to the park. Please see **Maureen and Ruth for tickets**.
- Tip of the month. Caring for people can, for some, cause difficulties and sometimes advice, information and support is needed. This may be for many reasons – physical and emotional health, as well as work or finances. Carers First and Lincolnshire County Council Customer Service Centre work together to deliver **Lincolnshire Carers Service**. Please call 01522 782224 or complete a self-referral form www.lincolnshire.gov.uk/support-carers/request-support if you want more information and help.
- We are very sad to announce the death of Keith Orley. Our thoughts and deep sympathy go to his wife Carole and the family.
- Thursday 16th May, we have a short presentation from the NHS, Older people and Frailty Division, to tell us about the expansion of their **Home Treatment Team**. This will be followed by entertainer Belinda Hay.
- Next month on Thursday 6th June it's singer Jill Williams, and on the 20th a new act - Barry Bray & 4 piece band.
- Thought for the month

Where ever you go, no matter the weather, always bring your own sunshine.